

MANAGEMENT OF EYE DISEASE WITH SIDDHA POLYHERBAL FORMULATION PONNANGANNI KIRUTHAM - A REVIEW

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INTRODUCTION

Siddhars had given much more prominence to eye care in the ancient period. Siddha literature elaborates about 96 types of eye disease with it's etiology, treatment method and preventive measures. This poster review about the *Ponnanganni Kirutham for Eye disease*.

AIM & OBJECTIVE

To provide an updated overview about Siddha Polyherbal formulation *Ponnanganni Kirutham* for all types of Eye disease.

MATERIALS & METHODS

Ponnanganni Kirutham is a polyherbal formulation mentioned in Siddha literature Vaithiya Kalanjiam for all types of Eye diseases.

REVIEW OF LITERATURE





DISCUSSION

The pharmacological actions and nutraceutical properties of Ponnanganni Kirutham may help to combat the bacterial or viral conjuctivitis, glaucoma, age-related macular degeneration and refractive errors which is one of the leading cause of moderate to severe visual impairement, followed by cataract.





CONCLUSION

Due to lack of health concern and excess use of smartphones in this current scenario, prevalence and incidence of Eye diseases are increasing. Further research on this polyherbal formulation Ponnanganni Kirutham will help to enhance the ocular health and better remedy for diabetic retinopathy, glaucoma, retinoblastoma and retinal detachment etc which supports to attain a new milestone in Siddha opthalmology.

REFERENCES

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INGREDIENTS PHARMACOLOGICAL INDICATIONS IN SUVAI ACTION SIDDHA LITERATURE Pon n anganni Antioxidant, Anti-diabetic, Treats kann kasam, kann Inippu Wound healing activity, Antipugaichal, karuvizhi cancer. noigal, cools down eyes. Sirukeerai Antioxidant, Anti-bacterial, Treats kann pugaichal, Inippu Anti-diabetic activity. kann kasam, padalam, azhal noigal. O orilai thamarai Anti-bacterial, Anti-fungal, Gives beauty. Inippu Antioxidant, Anti-diabetic. Athimadhuram Anti-diabetic, Antioxidant. Treats eye diseases. Inippu Masikkai Antioxidant, Anti-bacterial, Relieves unrelenting Thuvarppu Anti-fungal, Anti-diabetic. warmth in the body. Jathikai Anti-bacterial, Anti-fungal, Treats diseases due to Thuvarppu, Anti-diabetic. excessive heat. karppu Vettiver Anti-diabetic, Anti-cancer. Treats eye diseases. Kaippu

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