

# Optimizing Three-Dimensional Bioprinting for Cell Culture Scaffolds

Emma Brudos<sup>1,3</sup>, Miranda Nelson<sup>2</sup>, David Estrada<sup>3</sup>

1 Materials and Metallurgical Engineering, New Mexico Institute of Mining and Technology, Socorro, New Mexico 87801, 2 Mechanical and Biomedical Engineering, 3 Materials Science and Engineering, Boise State University, Boise, Idaho 83725

## INTRODUCTION

### Leukemia

- A type of blood cancer that originates within bone marrow
- About 40% of Leukemia patients experience relapse after bone marrow transplant treatment, which has a high mortality rate<sup>1</sup>

### Trabecular Bone

- Spongy bone that houses the bone marrow
- Red blood cells, white blood cells, and platelets are formed<sup>2</sup>
- Difficult to study *in vivo* due to the location and type of tissue

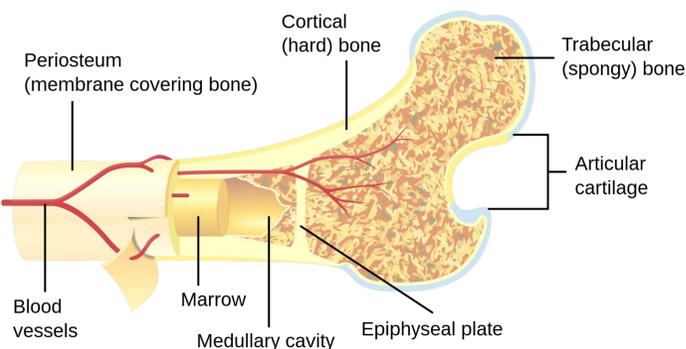


Figure 1. Trabecular Bone Diagram<sup>3</sup>

## OBJECTIVE

Optimize and print a biomimetic trabecular bone scaffold to study cell interactions for improving leukemia treatment

## METHODS

### Bioprinting

- Cellink BioX printer & bioinks
- .stl from MAL

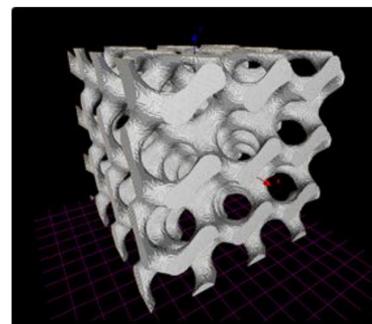


Figure 2. Trabecular Bone Gyroid Structure .stl File

- Print parameters changed:
  - speed, nozzle gauge, layer height, extrusion pressure, infill density
- G-Code
- Ink Dilution and Culture Conditions (media, PBS, incubation)

### Testing and Characterization

- Ink testing: filament test, stack test, layer height test<sup>4</sup>
- Z-stack pore size measurements
  - 300-600  $\mu\text{m}$  pore size for healthy trabecular bone<sup>5</sup>

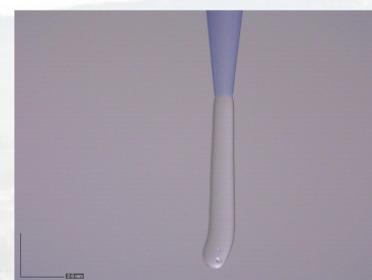


Figure 3. Bioink Filament Test (2mm scale bar)



Figure 4. 3D Printed Bone Scaffold

## RESULTS

- Average short diameter of pores: 821.33  $\mu\text{m}$
- Average long diameter of pores: 1299.01  $\mu\text{m}$
- PBS destroys chemical cross linked prints\*



Figure 6. Dissolved Scaffold in PBS

- Best resolution with low pressure and low speed
- Pore sizes are 135.6% bigger than actual\*
- Diluted inks survived PBS soak, undiluted survived media soak

## CONCLUSIONS

From the work done, the following conclusions were made:

1. The pore sizes measured may be closer to the appropriate size than it seems due to the structure of the scaffold and the measurement method.
2. The ion exchange that occurs between the crosslinking agent and the PBS may only occur at higher temperatures.
3. In order to increase resolution, smaller nozzle size may be necessary.
4. Incorporating supports and printing directly into the crosslinking agent has the possibility to provide a better structure.

## FUTURE WORK

- Incorporating additives
- Mixing in cells
- Improving optimization protocols
- Ink testing
- Observing structural integrity for long-term culture conditions

## Acknowledgements

Funding for this work was provided by NSF Career Award: 1848516 and the National Science Foundation via the Research Experience for Undergraduates Site: Materials for Society (Award No. 1950305) Thanks to Omor Khan and the Mechanical Adaptations Lab (MAL) for providing the trabecular bone model .stl file Thanks to Mone't Alberts for Z-stack imaging

## References

1. Barrett AJ, Battilana M. Relapse after allogeneic stem cell transplantation. *Expert Rev Hematol*. 2010 Aug;3(4):429-41. doi: 10.1586/ehm.10.32. PMID: 21083034; PMCID: PMC3426446.
2. National Cancer Institute. Definition of bone marrow. Retrieved from <https://www.cancer.gov/publications/nci-thesaurus/terms/nci-thesaurus-term-definitions/bone-marrow>
3. A cross section of a human long bone SVG file by Pbroks13, distributed under a Creative Commons Attribution 3.0 Unported license. Retrieved from <https://commons.wikimedia.org/w/index.php?curid=5188772>
4. O'Connell, C., et al. (2021). Characterizing Bioinks for Extrusion Bioprinting: Printability and Rheology. *Methods in molecular biology*. 2140:111-133 [https://www.researchgate.net/publication/340110752\\_Characterizing\\_Bioinks\\_for\\_Extrusion\\_Bioprinting\\_Printability\\_and\\_Rheology](https://www.researchgate.net/publication/340110752_Characterizing_Bioinks_for_Extrusion_Bioprinting_Printability_and_Rheology)
5. Lee, S., Porter, M., Wasiko, S., et al. Potential Bone Replacement Materials Prepared by Two Methods. *MRS Online Proceedings Library* 1418, 177-188 (2012). <https://doi.org/10.1557/opl.2012.671>

